



## Mealtime Talk Teaser

Take the  
**STRIVE FOR**

**5**

**CHALLENGE**

[www.makemealtimefamilytime.com](http://www.makemealtimefamilytime.com)

How many  
hugs do you want to  
get from your family  
in a day?

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If you were  
given an extra hour  
each day, how would  
you spend it?

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What do you  
think your mom or  
dad worried about  
when they were  
your age?

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Talk about a  
family vacation you  
would like to take!

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Name your  
favorite G-rated movie  
of all time!

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What is one job  
you would love to do  
for the rest of your  
life?

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About what are  
you superstitious?  
If nothing, why?

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Describe what  
changes you would  
make if you were the  
President of the  
United States.

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Why do you think  
the United States has  
more of a drug problem  
than any other country  
in the world?

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How much  
money do you think  
you need to be  
happy?

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Say something  
about honesty.

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What is one  
thing you own that you  
would never sell or give  
away? Why?

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Which is  
more important in a  
relationship,  
Love or Trust?

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What is  
your favorite toy?

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What is your favorite  
time of day or night?

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Talk for  
one minute about the  
positive aspects of  
television. The negative  
aspects.

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Would you  
rather visit 100 years  
into the future or 100  
years into the past?  
Why?

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Describe what  
you like most about  
your life right now!

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What do  
you like most  
about coloring books?

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What do you  
think is the best thing  
to do when you make a  
mistake?

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Out of all the  
pictures of yourself,  
which one embarrasses  
you the most?

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If you could  
have been the inventor  
of anything already  
invented, what would you  
have wanted to invent?

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What is one  
question you have about  
your grandparents or  
great-grandparents?

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Talk about a popular  
movie that people are  
seeing this week!

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Are you more  
of a morning person  
or night person?

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Where do you  
want to be  
living in ten years?

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What is the best  
thing about becoming  
an adult?  
What is the worst?

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What does  
it look like when  
a person is cool?

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What would  
you buy if you had  
\$100.00?

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Who has it  
easier —girls or boys?

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Name a board or  
card game you would  
like to play together as  
a family!

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If you could go  
anywhere in the world  
for a week, where  
would you go?

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